

# CONNECT **2021**

## **CONNECTIVE TISSUES IN SPORTS MEDICINE**

3<sup>rd</sup> International Congress  
March 26<sup>th</sup> / 27<sup>th</sup>, 2021

### **Latest Update**

#### **Now – Online-Congress**

Due to the actual international COVID 19–situation and the current hygienic restrictions, CONNECT 2021 will be held as an Online-Congress.

We invite you to book now.

#### **Book now to reserve your place**

##### **2-Day Scientific Conference**

Clinicians EUR 250,00

Students, Presenters EUR 70,00

##### **Workshop\***

Full day EUR 99,00

Half day EUR 59,00

\* Workshops can only be booked  
in combination with congress ticket

Technische Universität München  
Munich, Germany  
[www.connect2021.com](http://www.connect2021.com)



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### Partner



Associate Professorship of Conservative  
and Rehabilitative Orthopaedics  
Technical University of Munich

### Sponsors



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## Scientific Committee

**Prof. Dr. Thomas Horstmann**

**Prof. Dr. Jürgen Steinacker**

**Prof. Dr. Werner Klingler**

**Dr. Robert Schleip**

**Prof. Scott Wearing**

**Prof. Carla Stecco**

**Prof. Constantinos Maganaris**

**Prof. Paul Hodges**

**Prof. Adamantios Arampatzis**

**Ass. Prof. Mette Hansen**

## Congress Language

Congress Language English

**Mit deutschsprachiger Simultanübersetzung**

Headsets werden vom Veranstalter gestellt.

## Congress Location

Audimax of the TUM

Arcisstr. 21, 80333 D-Munich

## Call for Abstracts

[www.connect2021.com](http://www.connect2021.com)

Deadline for Abstract submission: 15th October 2020

## Congress & Workshop Fee

### Scientific Conference

	Early Bird	After Mid. 2020
Clinicans (2 days)	EUR 390,00	EUR 440,00
Clinicans (1 days)	EUR 300,00	EUR 300,00
Members of Fascia		
Research Society	EUR 390,00	EUR 390,00
Students (2 days)	EUR 300,00	EUR 300,00

### Workshops\*

	Early Bird	After Mid. 2020
Full day	EUR 130,00	EUR 180,00
Half day	EUR 75,00	EUR 110,00

\* Pre-conference Workshop – March 25, 2021

\* Post-conference Workshop – March 28, 2021

\* Can only be booked in combination with congress ticket

## Organization Committee

Torsten Pohl

Elke Leder

Cosmina Krieger

Email [connect2021@sg.tum.de](mailto:connect2021@sg.tum.de)

## Organizers

Conservative and Rehabilitative Orthopedics

Technical University of Munich

**Prof. Dr. med. Thomas Horstmann**

Fascia Research Charity Association

**Dr. Robert Schleip**

Section Sport- and Rehabilitative Medicine

University Hospital Ulm

**Prof. Dr. med. Dr. h.c. Jürgen M. Steinacker**

MEDICAL PARK

TUM



Fakultät für Sport- und Gesundheitswissenschaften

# CONNECT 2021

## CONNECTIVE TISSUES IN SPORTS MEDICINE

3<sup>rd</sup> International Congress  
March 26-27, 2021



Technische Universität München  
Munich, Germany



Dear friends and colleagues,

It is a pleasure to welcome you in March 2021 at the Technical University of Munich for the third CONNECT congress, after two successful congresses at the University of Ulm.

Physical training not only strengthens the cardiovascular system, but also the musculoskeletal system. While skeletal muscles are intimately related to connective tissues, it is the fibrous connective tissue components, which often suffer pathology from athletic overload. Across many biological fields, including sports medicine, new research is highlighting the important role connective tissues plays in health, well-being and disease.

The 3rd CONNECT Congress at TUM, draws research across a number of biological fields to focus on „Connective Tissues in Sports Medicine“. It explores emerging research on the role of fascia from a clinical, molecular and biomechanical standpoint, to strengthen the exchange and dialogue between all research fields.

The organizing committee managed to bring together an outstanding international list of some of the biggest experts in the exploration of the connective tissue as keynote speaker.

The Congress aims to CONNECT scientists, sports medicine practitioners, physicians, therapists, coaches and sports administrators, to translate the latest scientific results findings into athletic and therapeutic practice.

With collegial greetings



Prof. Dr. med. Thomas Horstmann



Dr. Robert Schleip

## Key Note Speaker



### **Prof. Adamantios Arampatzis | DEU**

Prof. Arampatzis' research is focused on the adaptation of muscle-tendon-units, neuromuscular control, movement efficiency and dynamic stability control.

### **Prof. Keith Baar | USA**

Prof. Baar is a researcher in the field of molecular determinants of musculoskeletal development and the role of exercise in improving health and performance.



### **Prof. Irene Davis | USA**

Prof. Davis studies the relationship between lower extremity structure, mechanics and musculoskeletal injury with special focus on interventions to mitigate contributing factors to injury.

### **Prof. Martin Fischer | DEU**

Prof. Fischer is a zoologist, evolutionary biologist and focuses on movement research. He is one of the founder of X-ray fluoroscopy.



### **Ass. Prof. Mette Hansen | DNK**

Prof. Hansen's research is focused on the interplay between sex hormones, nutrition and physical activity/training on skeletal muscle and performance.

### **Prof. Paul Hodges | AUS**

Prof. Hodges researches on movement control, pain and rehabilitation with an approach from molecular biology to brain physiology.



### **Prof. Thomas Horstmann | DEU**

Prof. Horstmann is a specialist for orthopedics, traumatology and sports medicine and focuses his research on diagnostics and therapy.

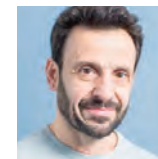
### **Prof. Michael Kjær | DNK**

Prof. Kjær's researches on the influence of mechanical loading or lack thereof upon the tendon tissue.



### **Prof. Constantinos Maganaris | GBR**

Prof. Maganaris' research interest lies on the mechanical properties of muscles and tendons and the way they interact to produce forces and movement.



### **Ph.D Carles Pedret | ESP**

Carles Pedret MD is a specialist in sports medicine and musculoskeletal ultrasound and external consultant of multiple professional football clubs.



### **Dr. Robert Schleip | DEU**

Dr. Schleip is a researcher in the field of connective tissues and the fascial network of the human body.



### **Prof. Olivier Seynnes | NOR**

Prof. Seynnes is a researcher in the field of musculotendinous function and adaptations to exercise, disuse and ageing.



### **Prof. Carla Stecco | ITA**

Prof. Stecco focuses her studies on the anatomy of the human fascia from macroscopical, histological and physiopathological point of view.



### **Prof. Jürgen Michael Steinacker | DEU**

Prof. Steinacker is a specialist for internal sports medicine and sports cardiology with scientific focus on inflammation syndromes, muscle adaptation and performance.

